

THE TR-VIEW

Volume 1, Issue 1

Fall 2003

Education/Workshop Opportunities

- March 5th & 6th, 2004
ACS for CTRS Conference 2004.
- May 26-28, 2004
CTRA Conference (Montreal)
www.canadian-tr.org/home.htm
- May 12 & 13th, 2004
Alzheimer Annual Conference - Dartmouth (Rescheduled from the fall 2003)
- March 28-31, 2004
Mid-Year Professional Issues Forum- ATRA
Albuquerque, New Mexico

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ACS for CTRS First Newsletter

The Atlantic Canadian Society for Certified Therapeutic Recreation Specialists has come a long way since it's start in 1996. The very formation of the society brought unity and strength to a small but growing group of professionals in Atlantic Canada. Since then, the Society has provided members with workshops, networking sessions, peer support and advocacy for the TR profession.

Now, we are proud to introduce the newest endeavour of the ACS for CTRS. Through our semi-annual newsletter we hope to achieve many things. We hope to promote and advocate for the Therapeutic Recreation profession, provide an avenue of communication through which resources and ideas can be shared. We hope to support practitioners in the field, inspire our student membership, and keep our supporting members informed of activity in the TR field. Most importantly, we hope to connect all our members in such a way that we can join together and achieve much more than we could as individuals. As Henry Ford



once said "Coming together is a beginning, staying together is progress, and working together is success.

Keep an eye out for regular newsletter features including a message from the president, educational opportunities, internship postings and updates from the various Atlantic Regions that make up the ACS for CTRS. Check out our list of board members on the back and connect with practitioners in the field whose interests are similar to your own.

Please feel free to contribute to your newsletter by contacting Jennifer Kirby, Carl Ings or Kevin Stairs. .

ACS for CTRS Conference 2004

ACS for CTRS is holding its *5th Annual Conference- Practice Promotion Professionalism... Advancing TR in Atlantic Canada* on March 5th and 6th. The first mail-out for this conference will be on December 1st, 2003. It will include the Conference Flyer and Call for Presentations.

We encourage those interested in presenting

to fill out the Call for Presentations Form. If you have not received this information, please contact Rhonda MacLean at rhonda.maclea@cdha.nshealth.ca <<mailto:rhonda.maclea@cdha.nshealth.ca>>.

This 5th Annual ACS for CTRS Conference will present opportunities for TR

Message from the President

Members and Friends of ACS for CTRS:

Time has certainly flown by since our gathering in March. Continued success to you all! I feel immense pride, being apart of this awesome newsletter. Thanks to Carl who advocated for this and to Jennifer and Kevin who is assisting Carl make it a reality. With the goal of releasing this semi-annually, I trust that the members will make contributions by sharing their experiences and expertise to this communique. I am confident that the information it will contain will serve all very well.

Our annual AGM and workshop is fast approaching. Our theme "Practice, Promotion, and Professionalism-Advancing TR in Atlantic Canada" is exciting to me as I reflect on



how successful previous workshops have been. This two day event is sure to be full of new and exciting educational and inspirational opportunities. Please plan now to attend and be refuelled for our work ahead.

In closing, special thank you to Northwood Care who have extended their support in the production of this endeavour. The membership is grateful to you for your assistance.

Remember to forward comments, suggestions and submissions to Jennifer, Carl or Kevin. Thus ensuring a well-rounded publication. We are a new organization with increasing potential for growth, I challenge you all to be a part of its development.

Crystal Watson, CTRS & President,
ACS for CTRS

ACS for CTRS Conference 2004 continued...

professionals, students and educators to collaborate and learn about practice, trends and earn your valuable CEUs for those of you who need them!

The conference programs will be mailed out in the New Year... Look forward to seeing a new look and a successfully growing event on behalf of ACS for CTRS!

*ACS for CTRS is holding it's 5th
Annual Conference - Practice,
Promotion, Professionalism...
Advancing TR in Atlantic
Canada!*

Also, ACS for CTRS would like to take this time to let you know that there is an opening on the board for the Vice Presidents position with the Canadian Therapeutic Recreation Association (CTRA). Check out their website for further information regarding this or other CTRA info.

RESOURCES TO ENRICH YOUR PRACTICE!

[Dementia Practice Guidelines for treating disturbing behavior.](http://www.atra-tr.org/shop/index) Linda Buettner, Suzanne Fitzsimmons.

[Assessment Tools for Recreational Therapy and Related Fields, 3rd Edition.](http://www.idyllarbor.com/) joan burlingame

[Client Outcomes in Therapeutic Recreation Services](http://www.venturepublish.com/) edited by Norma J. Stumbo, Illinois State University

[American Journal of Recreation Therapy](#)
Volume 2, Number 3 Summer 2003

Activity calendars for older adults with dementia:

What you see is not what you get

Linda L. Buettner, CTRS, Ph.D.

Suzanne Fitzsimmons, MS, ARNP

The language of quality healthcare

Norma J. Stumbo, Ph.D., CTRS

Blazing new trails: Adventure therapy

for adolescents with eating disorders

Jeff Kaptian, BPE, BRS

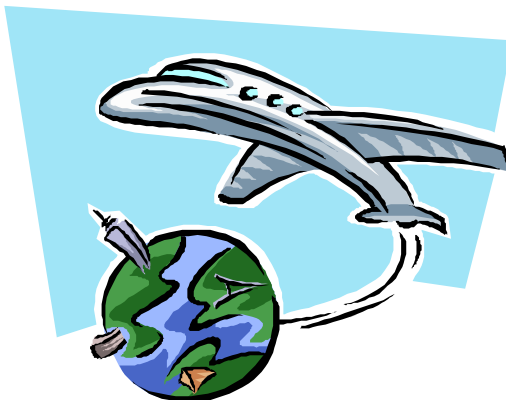
PRIME NATIONAL PUBLISHING

This section supported by Rhonda MacLean CTRS/ Kim Landry Recreation Therapy student intern.

REGIONAL REPORTS

Nova Scotia:

Therapeutic Recreation is growing everywhere in NS; a report by Michelle Dooley from Cape Breton states: Spending my first year as a Therapist has been quite an adventure. I've certainly learned that, like most people in Cape Breton, we have to sell ourselves in order to find work. Well, it has been an enjoyable year as the first Therapist at Harbourstone Enhanced Care. Things are looking up in Cape Breton, but it's a slow but sure process. Four years ago, there were no therapists to be found in the area, and now there are four. That's one per year. If we can keep this up, we'll be doing pretty well. Our region has also gained recognition within the ACS for CTRS board, with Kevin Stairs and myself as active members.



and possible implementation during our next contract/collective agreement. This new classification system will identify three separate classifications for Recreation Specialists and three separate classifications for Recreation Therapy Workers.

In addition, the NLTRA hosted its Annual Conference and AGM on November 13 & 14, 2003 at the Airport Plaza Hotel in St. John's. Over 125 conference delegates from all over Newfoundland and Labrador attended this very successful event.

New Brunswick:

Shelly Shillington is the current Chair/President of New Brunswick Therapeutic Recreation Association. She is hopeful and optimistic that the association will achieve the mandate set before them. She stated that NBTRA is small and somewhat inactive at this time and attributes that to the increasing

Newfoundland:

Newfoundland and Labrador Therapeutic Recreation Association Update (NLTRA).

Over the past six months the Newfoundland and Labrador Therapeutic Recreation Association (NLTRA) has been extremely active working on a number of very important tasks.

With over 130 members, the NLTRA continues to support and guide the delivery of Recreation Therapy services in the province of Newfoundland and Labrador.

The NLTRA Standards of Practice Committee has been working very hard in an effort to complete the very important task of developing two distinct Standards of Practice documents for both Recreation Therapy Workers and Recreation Specialists. We are pleased to announce that we have completed a working document of two entirely separate documents. The NLTRA Occupational Review Committee has been working on drafting a new classification system, which will be presented to the Newfoundland Treasury Board for consideration

job commitments of the board and members. Shelly is working diligently to bring the executive together to set goals for the next few months and initiate the business of keeping the members informed and connected. She stated that NBTRA's main goal is to establish linkages within the

*Therapeutic Recreation is
growing in the Maritimes...Nova
Scotia, New Brunswick, PEI, &
Newfoundland.*

province and outside to other TR organizations. If you wish to contact Shelly, her email is: sshillington@lochlomondvilla.nb.ca

Prince Edward Island:

At the present time we do not have a contact person with ACS for CTRS to report about Therapeutic Recreation on the island. Look for our next issue to read about interesting TR experiences from PEI.

STUDENT INTERNSHIPS

Are you soon going on your internship placement? The following is a list of internship placement possibilities:

QEII Health Science Centre: Andrew Ritcey (Director of Recreation Services); Colleen Lawlor (TCU); Rhonda Booth (NS Rehab Centre); Rhonda MacLean, Andrea Waters, Jodie Charters (Veterans Units)

Shannex-Parkstone Enhanced Care: Amy Richards

Shannex-Parkland Estates: Nadine Hopkins & Victoria Rattiner.

Northwoodcare Inc: Carl Ings & Susan Zorz

**Choices-Adolescent Addiction Prevention/
Treatment Services:** Zac Crouse & Alex Chandler

St. Vincent's Guest House: Kelly Copeland

Canuck Place-B.C.: Laura Fielding (Palliative Child Care).

BloorView-Toronto: Erin Wilkie (Children/Youth Rehab).

If you are a CTRS and are interested in having an internship student please contact Lynette Stevens at:

Lynette_stevens@hotmail.com



Atlantic Canadian Society for Therapeutic
Recreation Specialist

We're on the Web
[Http://is.dal.ca/~jerome/index.htm](http://is.dal.ca/~jerome/index.htm)

About ACS for CTRS

Mission: The mission of the Atlantic Canadian Society for Certified Therapeutic Recreation Specialist (ACS for CTRS) is to enhance the social, psychological, and physical development of the person through the therapeutic recreation process. We promote professional efficacy through adherence to standards of practice and opportunities for continued education and resource sharing.

Goals:

1. To enhance education opportunities for CTRS.
2. To educate the community, stakeholders, agencies, organizations, government bodies, and other health care providers on the role and standards of practice for CTRS in promoting the quality of life of Atlantic Canadians.
3. To maintain, ensure and enhance the standards of practice for CTRS.
4. To develop and maintain partnership with stakeholders.
5. To share information and resources on an ongoing basis.
6. To promote the acquisition and application of research skills that enhance the efficacy of therapeutic recreation practice.

General Inquiries Contact

Shelly Luddington, CTRS (Secretary for ACS for CTRS), Ph# (902) 889-4124 F (902)435-7148 Call first to let her know a fax is being sent.
Email: luddingtonshelly@hotmail.com or

Membership information Contact::

Kevin Stairs, CTRS (Treasurer for ACS for CTRS) Ph# (902) 862-6411 ext 2820
Email: stairsk@cbdha.nshealth.ca

MEET THE BOARD

President: *Crystal Watson, CTRS (Dartmouth General TCU):* Contact info: ph#902-465-8480 or e-mail: **Crystal.Watson@cdha.nshealth.ca**

Treasurer: *Kevin Stairs, CTRS (Cape Breton District Health Authority)* Contact info: **See the top of this page.**

Secretary: *Shelly Luddington, CTRS (The Birches, Musquodoboit Hr)* Contact info: **See the top of this page.**

Past President: *Andrea Waters, CTRS (QEII Veterans Building)* Contact info: e-mail: **Andrea.Waters@cdha.nshealth.ca**

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Director at Large: *Michelle Dooley, CTRS (Harbourstone Enhanced Care)* Contact info: Ph # 902-567-6916, e-mail: **dooleym@shannex.com**

Director at Large: *Wayne Bishop, CTRS (St. John's NL)* Contact info: Ph # 709-570-2238, e-mail: wbishop@sjnhb.nf.ca

Director at Large: *Alex Chandler, CTRS (Choices)* Contact info: e-mail: **windsurfal@hotmail.com**

Director at Large: *Janet Cummings, CTRS:* Contact info: Ph # 506-451-8508, e-mail: recreation@vonm.ca

Student Director: *Diana Bennett (Dalhousie University)* e-mail: dnbennett@dal.ca

Student Director: *Lynette Stevens (Dalhousie University)* e-mail: lynette_stevens@hotmail.com

Please feel free to contact us!

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